

WAYS OF LEARNING ENGLISH FASTER

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Annotation: *This article analyzes teaching methods how to develop a Student's self confidence and its morphological characteristics.*

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One of the greatest industrialists in the world was Henry Ford. He is credited with the invention of the assembly line. He said that for as long as you keep learning, you will remain young. Learning is a process that lasts a lifetime. Even in our sunset years, we are constantly learning new things. To the young, learning is the kindling of a flame that can burn for the rest of their lives. Thus, the more you learn about something, the bigger the passionate fire for it in your heart will be. How can you learn a lot of things in a short period of time? This can be done by learning faster. It is possible to learn so quickly that you are able to gain, retain and profess a substantial amount of material in a short period of time. Here is how to learn anything in record time. Children must have good self-esteem for a number of reasons as it affects nearly every aspect of their lives. Not only does good self-esteem improve academic performance, but it also strengthens social skills and the ability to cultivate supportive and lasting relationships.

Don't try to reinvent the wheel

If you want to learn something much faster, don't try to go through the learning process on your own. This would force you to try and find out a brand new way of learning and cost you time. Don't reinvent the wheel. Instead, find some people who are already experts in the subject or skill that you are trying to learn. After finding them, model their method of learning. You can even ask them for pointers on how to acquire the knowledge or skill that you have set in front of yourself. Great leaders around the world indicate that modeling an individual who has already perfected a skill or discipline is the best way to learn it faster.

There is an effective way to dramatically shorten your learning curve. The way to do this is to break down the material or the skill which you want to learn into its most important components. Analyze the information at hand and find out the important parts which you need to learn first. This

shows you its foundation and you can begin to learn from there. This practice is also known as performing Pareto's Principle. This principle indicates that 80% of your results are due to 20% of your effort. The things that really matter are the little, critical aspects in any endeavor. Therefore, identify your 20% and use it to accomplish 80% of your learning.

Eliminate multitasking

Multitasking is the process of performing many different actions at the same time. In modern times, we utilize technological devices that are full of applications which we use all at the same time to keep up with our communications, entertainment and our work. This slices up our attention into many pieces and limits our ability to stay focused on one task. When you are learning something, multitasking can cause you to get distracted. Studies indicate that when you become distracted, it takes an average of 25 minutes to get back to full focus on what you were doing beforehand. This can greatly inhibit your efforts to learn something new in record time. Thus, to learn much faster than average, avoid multitasking. Focus completely on the fundamental concepts of the skill or the knowledge that you want to learn.

Repeat until mastery

This is one of the hardest parts of learning something new in a short period of time. It requires you to repeat it until you can do it perfectly on demand. Practice makes perfect. For you to learn something, you need to practice it frequently and be persistent in performing it too. This embeds the knowledge or skill which you are learning into your subconscious. This is one of the secrets to learning anything quickly. To perform like an expert, you need to practice like one too. Also, remember that hard work beats talent every time.

Learn from different sources at the same time

Our brains are constructed in a very interesting way. If you experience a piece of information in various ways, you have a higher likelihood of retaining it. This is because various types of media normally activate various parts of our brains. When multiple parts of our brains are working all at the same time, we learn faster and remember much quicker too. Therefore, do not limit your study to simply books and publications if you want to learn something faster. Expand your information sources to multimedia as well. Media such as videos, applications, podcasts and songs can help you to learn and retain information much quicker than any other form of learning.

Utilize a third of your time learning and two thirds of it practising

This principle applies more to learning a skill than knowledge material. You are able to learn much quicker if you combine theoretical learning and physical practice. Get all the theoretical material about something as you can. Read through it all and gain the knowledge. After that, proceed to a location where you can practice it in real life. The best ratio to organize these activities is read for a third of the time and practice for two thirds of it. This allows your brain to retain this information or learn the skill faster. We evolved by practising things and not just hearing or learning about them. Tapping into this primal method can shorten your learning curve and help you learn faster.

Dedicate 20 hours of focused learning

If you want to become really good at something, you should complete 20 hours of practising it. These practice sessions should be deliberate and focused. As you approach something new that you desire to learn, make sure you are ready to commit 20 hours to it. Ensure that you do not give up or get distracted by anything else during these hours. You can translate them into approximately 40 minutes every day for one month. By committing this amount of time daily to a particular task, you can become really good at it in a short period of time.

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