

FACIAL EXPRESSIONS AND GESTURES IN TEACHING INFORMATION
COMMUNICATION TECHNOLOGY

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Abstract: It is known to everyone how difficult it is to learn a foreign language. How much effort and time you need to spend. But there is one language on earth that is understandable and understandable to everyone - this is the language of facial expressions and gestures that we use every moment of our life. This language is also called nonverbal communication method (verbal - verbal) or sign language.

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From a scientific point of view, "a gesture is any sign made by the head, hand, or body that expresses feelings or conveys information." "Sign language is a system of symbols used for linguistic communication, carried out by means of conventional gestures, together with or instead of spoken speech. It is used by peoples of primitive culture, as well as in the conditions of multilingualism of advanced culture, in connection with ancient daily rituals, as well as in the case of muteness.

People control their bodies and know how to hide their emotions, who is good, who is bad, but without exception, everyone fills their speech with gestures. And not only when they are unable to speak because of dumbness, age or illness. Non-verbal language can sometimes convey (or hide) more information and more emotion than speech. It is done involuntarily - joy, disappointment, disappointment, unexpected surprise, etc. - and is very meaningful, to emphasize this or that point or, on the contrary, not to betray one's true feelings.

If we don't talk all the time, we'll be doing things all the time without even realizing it. Here two lovers meet in public, they are silent or say simple phrases, but their looks, gestures do not even speak, but shout about love. Only this cry is not heard by others. The eyes shine, the cheeks turn pink, the smile stretches the lips, the hands tremble, the bodies come closer to each other - only the blind do not understand this! Or you are discussing a problem with your colleagues and suddenly you realize that you do not

consider any point of view to be correct. "A gesture is an action that sends a visual signal to an observer." and suddenly you realize that no point of view is right.

However, for various reasons, you do not dare to express your opinion and, looking somewhere on the floor instead of in the eyes of your colleagues, you automatically begin to remove an invisible thread or fluff from your clothes. This is a sign of displeasure, condemnation that you have inadvertently made. If there is a person who understands sign language next to you at that time, he will definitely "read" your silent answer.

Some professions involve virtuosic mastery of one's body and body language. For example, the profession of an actor, dancer. Watching ballet dancers, one can be amazed at how expressive and plastic their movements and body language are. Everything is clear without words. What about theater and film actors? Different actors playing the same role is a clear example of how different characters are created with the same text. Each actor has his own character, his own sign language.

There are other sign languages: dactylology (manual alphabet) - a language for the deaf and dumb; slang and antisocial gestures used by criminal and antisocial persons; cult and ritual gestures used in various rituals; in order not to frighten animals, for example, the sign languages of primitive peoples used in hunting; family and group languages - signs used only in a certain family or group of like-minded people.

At first glance, gestures do not mean anything complicated. Indeed, many gestures are intuitively understandable: denying something, a person shakes his head from side to side; confused, raises his eyebrows and opens his eyes wide; to grieve, to bend.

But there are many gestures that cannot be understood without special study. When you come to a foreign country and see a familiar gesture performed by the locals, you interpret it according to your national and cultural tradition, but the gesture may have a completely different meaning than what you say.

For example, in Russia, a raised thumb means a compliment, "excellent", and in Bangladesh - a desire to have fun with a woman. Or when you see a smile on your friend's face, you think that he is kind to you, but if you look closely at the upper half of his face and do not notice that there is a shortness after your eyes widen. squinting, then a fake smile.

Learning different means of non-verbal communication (poses, gestures, facial expressions, temporal-spatial organization of communication) will help you understand not only the people around you,

but also yourself. By knowing and applying these skills in non-verbal communication, you will communicate easily and pleasantly with other people. We hope that our book will help you in this regard.

Sign language and body language is a way of communication that can be open and understandable to anyone who reads this book. By studying postures, gestures, facial expressions, you can better understand the people around you, learn about their true attitude towards you, hidden tendencies and true intentions. Skillfully using sign language, you can easily communicate with people, you will be able to establish close and trusting relationships with loved ones, relatives and work colleagues.

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