

TYPES OF EXPRESSING EMOTIONS AND THEIR ROLE IN THE COMMUNICATION PROCESS.

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Annotation: *In this article discussed the types of expressing emotions and their role in the communication process. In this article , after studying the researches of scientists, the author divided emotional sentences into the following types and analyzed them.*

Keywords: *emotions, emotional sentences, feeling, emotional-expressiveness, Uzbek and English languages.*

As we know, everybody expresses their feelings by gestures, eyes, facial expressions and words. In scientists' opinion is that, the most effectively way showing emotions is using words especially by language. Emotions are one of the forms of reflection of reality. They are an integral part of human life and play an important role in people's lives. In the process of knowing the events, we respond to them, we show our attitude in different emotions, which is definitely expressed in language. [1; 12-14]. Thus, emotions are a complex product of human spiritual and cognitive activity. Studying the methods of their reflection in the language and reflecting the ideas of positivity and negativity of emotions accepted in this language society is of particular importance from the point of view of further development of linguistic methods for studying emotions. Human emotions are mainly reflected in the process of communication, for example, in dialogic speech. It is worth noting that studying the nature of emotions is important not only for a person himself, but also for a deeper feeling and understanding of others. [2; 21-23]. Example of emotional expression are facial movement such as smiling, scowling, behaviors like crying, laughing, angry, sad, happy and thankful. Thus, the study of emotions is very interesting from the point of view of the addressee. However, the feelings of the interlocutor himself, the initiator of communication, are not insignificant. They can verbally or non-verbally confirm the speaker's wishes[5; 32-35]. Over the last 200 years, researchers have proposed different and often competing models explaining emotion and emotional expression, going all the way back to Charles Darwin [3, 30-35]. However, all theorist in emotion agree that all

normal, functioning humans experience and express emotion with their voices, faces, and bodies, A review of theories of emotion identifies and contrasts fundamental emotions according to three key criteria for mental experiences that:

1. Have a strongly motivating subjective quality like pleasure or pain:

Enjoyable – rohatbaxsh, great- zo`r, marvelous – ajoyib, awful – yomon, terrible – dahshat...

2. Are a response to some event or object that is either real or imagined:

Ok, that's right – yaxshi, to`g`ri, I see – tushunarli, really – rostanmi?....

3. Motivate particular kinds of behavior: well done! – barakalla, good job – zo`r, shame on you – uyat, it is fantastic – ajoyib...

The combination of these attributes distinguishes emotions from sensations, feelings and moods. As we seen, there are diverse kind of emotions f people. As well emotional expressions and emotive words are used differently in various languages. For instance, we can look through emotional words in English and Uzbek languages. There are some common examples:

English:

Welcome!

You look beautiful!

You are very special!

I am very happy

Oh! That's good!

Cheers!

Uzbek:

Xush kelibsiz!

Ko`rinishingiz yaxshi

Siz ajoyibsiz

Men baxtliman

O, juda yaxshi

Sog`liq uchun!

In conclusion every person experiences various emotional states in his life. Under the influence of such emotional states, he reacts to the external and internal world, shows his emotions and feelings in different ways. Expressiveness means increasing the impact of the effectiveness of thought. Everything that makes the speech brighter, more impressive, more efficiently is expression. Therefore, expressiveness of speech is the tool that makes the speech brighter, more impressive, and expressive.

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