

IMPORTANT IMPORTANCE AND BENEFITS OF LEARNING A FOREIGN LANGUAGE

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Annotation: *Introduction to the methods of using modern pedagogical technologies in language learning. Study the benefits of studying in the Global world and the prospects of using foreign sources.*

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Language helps express our feelings, desires, and questions about the world around us. In the meantime, mastering foreign languages has become more than just important. It has turned out to be extremely beneficial. In a globalized world where mobility is made easier, learning a language is a wonderful asset. This not only helps when traveling but is also a great advantage for your studies in general and professional prospects abroad. Whether from a financial or social perspective, being able to communicate in a foreign language helps create a real connection with people. Learning a foreign language opens up professional opportunities. Companies must build and maintain a strong position in the global economy. It's more accessible if they can understand the language of their overseas customers. Most companies are therefore looking for candidates with foreign language skills. If you are already employed, foreign language skills can lead to special recognition or promotions. As an employer, it helps increase employee performance, improve customer service and increase your company's sales. Another reason why you should learn a foreign language is that mastering a foreign language improves your cognitive and analytical skills. Learning a foreign language is difficult and requires a lot of mental effort. On an individual level, it improves personality and increases self-esteem. Recent scientific research on the brain suggests that learning foreign languages makes students smarter overall. Among the many benefits, it increases students' mental focus, and literacy skills, and even improves math skills. The need for language faculties has increased due to the growing interest of students in learning foreign languages. People working in social services have to work with different groups from different countries. The ability to speak a foreign language allows them to better communicate and

serve people. Whether you're learning a language for a reason or out of curiosity, learning a foreign language will lead to long-term success.

It will open up new avenues for you. The more language you know, the better you can express yourself.

Learning a new language has a lot of benefits.

Top 10 benefits of learning a new language:

Increases brain power. A foreign language is a whole new, complicated system of rules, structures, and vocabulary. Learning a new language means your brain has to deal with complexity as it understands and absorbs new patterns. As our brains carve out the meaning and struggle to communicate, we develop important learning skills like cognitive reasoning and problem-solving. Highly developed critical thinking skills are a significant benefit both personally and professionally.

Improves memory. Use it or lose it. How many times have you heard this phrase? A new language requires not only familiarity with vocabulary and rules, but also the ability to recall and apply that knowledge. Learning a language will give your memory a good workout at Brain Gym. This means that multilingual people have brains that are better trained and quick to remember names, directions, facts, and numbers.

Enhances ability to multitask. Multitasking is very stressful for those who are not used to it or who are not good at it. According to a study from Pennsylvania State University, people who are multilingual and can switch from one language system to another can perform this very demanding task for the brain. People who have developed the ability to think in different languages and switch from one to another become much better multitaskers and reduce stress levels.

Sharpens the mind. A study by Spain's Pompeu Fabre University found that multilingual people are better at observing their surroundings. They easily spot anything irrelevant or misleading. They are also better at spotting misleading information. The study was conducted by comparing multilingual and monolingual subjects, with the former having a clear advantage.

Keeps the mind sharper for longer. Several studies have been conducted on this topic and the results are consistent. Learning languages keeps your brain healthy. In monolingual adults, the median age at the onset of dementia is 71.4 years. In adults who speak two or more languages, the median age for these first signs is 75.5 years. Studies took into account factors such as education level, income level, gender, and physical health, but the results were consistent.

6. Enhances decision-making. According to a University of Chicago study, decision-making becomes

an easier process for multilingual people. Aside from the rules and vocabulary that come with learning a foreign language, there are nuances and regional expressions that a language student often judges for appropriateness and hidden meanings. Multilingual have more confidence in their decisions through practice, practice, practice!

The first language is improved. Terms such as vocabulary, grammar, conjugation, comprehension, idioms, and sentence structure become everyday phrases, while one's language is absorbed more intuitively. Learning a new language also makes

improves Performance in other academic areas. As a result of higher cognitive abilities, studies show that the benefits of learning a new language include higher scores on standardized math tests, reading, and vocabulary by multilingual students compared to the scores of monolingual students. Children may ask why they need to learn this language, but parents and teachers know better! Language skills promote problem-solving skills across the board, which is recognized in the compulsory foreign language plan at school.

Increases networking skills. Opening up to a culture allows you to be more flexible and value other people's opinions and actions. Multilingualism, therefore, offers you the advantage of seeing the world from different angles, which improves your communication skills in today's globally connected world.

Provides better career choices. According to the Eton Institute's Language Development in the Workforce Survey (September 2014), 89% of our clients indicated that multilingual employees add value to the workforce and 88% indicated that recruiting team members with language skills is important to their business. Multilingualism is a competitive advantage these days. Language learning helps develop strong cognitive skills, such as B. Better concept formation, mental flexibility, multitasking, listening skills, and problem-solving, in addition to improving social interaction and promoting peer connection.

According to the study, the best time to learn a new language with native proficiency is at the age of 10. To get more benefits from learning a language, people should start learning early. When it comes to learning a foreign language, we tend to think that children are the most skilled. But that may not be the case, and there are additional benefits to starting as an adult. After the age of 18, however, people may not reach the level of native speakers, although they may still be able to learn quickly. It's no secret that children learn things faster than adults. After the age of 18, however, people may not reach the level of native speakers, although they may still be able to learn quickly. Learning new languages allows us to develop different mental abilities at any age. Some

people say that adults have more difficulties than children when it comes to learning foreign languages. Who can easily learn a new language? Most people find it impossible to learn foreign languages as they get older. to make the impossible possible. Would you like to learn a foreign language? Go ahead, do your best and reap the benefits! It's a simple fact, the more the brain is used, the better its functions work. It's never too late to learn!

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