

HISTORY OF THE DEVELOPMENT OF PSYCHOLOGY

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Abstract: *This article provides information about the subject of psychology, the history of its development and its fields.*

Key words: *psyche, soul, consciousness, psychology, psychological phenomenon, development, function, event.*

In today's developing era, psychology is gaining importance in human life. According to the classification of world sciences based on certain laws, all the objective conditions and conditions are sufficient for the science of psychology to occupy an influential place in this system. There is no doubt that a number of important natural and social factors lie behind the opinion expressed with firm conviction. Because the science of psychology is the most complex of the sciences discovered by mankind, based on the biospheric theory, the psyche has been studied as a category that reflects the nature of highly constituted matter. The difference between psychology and other fields of science is that it has practical, applied aspects, directly participates in all aspects of social life, and has a certain influence. Unlike other sciences, psychology differs fundamentally in that its practical information and results are numerous and multifaceted and has a completely different quality indicator. Especially in this regard, self-control is of special importance, so it differs from the science of learning nature, and is reflected in the control of one's mental processes, functions, situations, emotions, will, character, temperament, etc. . As a person realizes himself, he has the opportunity to change his human nature, characteristics, quality, behavior.

In the era of rapid development, the science of world psychology focuses on self-management and improvement, self-control, self-command, and self-discipline. rich materials have been collected, which, in turn, provide scientific and practical information about the change and re-creation of human attitudes, goals, conditions, experiences, and provide diversity to the psychology of everyday life. Psychology has become a very practical, applied science with the possibility of identifying, forming, moving the human psyche to new conditions, improving it, ensuring the dynamics of development, and recording the transition to a new quality stage. The fields of psychology show that it is important for practice. In particular, areas such as legal psychology, clinical



psychology, labor psychology, trade psychology, social psychology, pedagogical psychology, special psychology, and sports psychology play an important role in Islamic life. Humanity is born to try to interact with other people. Since all people have different psychological experiences, each of them is completely different from each other. At the same time, based on their wishes, they perfectly master some areas of psychology and apply it to life.

In my opinion, all individuals in our society should have a well-developed field of social psychology. After all, social psychology is a branch of psychology that studies group description of people joining social groups, mental activity and behavior of individuals, social-psychological laws, situations, events, social establishment, etc. Not only the field of social psychology, but all types of psychology play an important role in human life. A number of scientists made a significant contribution to the development of psychology. For example, S. L. Rubinstein in his book "Fundamentals of General Psychology" made such points: "The specific range of phenomena studied by psychology is clearly and clearly distinguished - these are our feelings, thoughts, aspirations, creates our desires and so on, that is, everything. It is like the inner meaning of our life and what is directly given to us as an experience. Indeed, these thoughts are not in vain. The reason is that our life cannot be imagined without psychology.

In fact, from the above-mentioned points, it can be concluded that the development of psychology is based on the growing interest in the nature of human existence, the conditions of its development and formation in human society, and the specific characteristics of interactions with other people. Currently, it is impossible to carry out many types of activities in production, science, medicine, art, teaching, games and sports without knowing and understanding psychological laws. The system of scientific knowledge about the laws of human development and its possibilities is necessary for the entire social development. In recent years, research in the field of social psychology has been started in Uzbekistan. On the basis of these works, one of the fields of social psychology - "Family Psychology" scientific school was created. The textbook "Family Psychology" was created, which incorporates information about the social, psychological, ethnopsychological characteristics of the Uzbek family. The Republican "Family Psychology" scientific-practical center began to operate in our country. Such efforts for the development of psychology are beneficial for all of us.



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