

REPRODUCTIVE HEALTH OF TEENAGE GIRLS

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**Abstract:** *The article is based on the reproductive health of teenage girls, which is one of the current topics in our country. We all know that healthy mothers give birth to healthy children. Therefore, we should not be indifferent to the reproductive health of our teenage girls, and we should definitely pay attention. The ongoing social reforms are focused on the development of our society, ensuring the active political and social position of our girls and women along with men, as well as strengthening families, which are considered the main link of society. In this process, the issues of purposeful preparation of girls for marriage, family, and society, and making their socialization effective are gaining special relevance. In particular, the main responsibility of raising children in the family rests with mothers. Therefore, spiritual health in the society directly depends on the upbringing of mothers, including girls.*

**Key words:** *Reproductive health, adolescent girls, motherhood, psycho-diagnostic training, questionnaire, statistical analysis*

**РЕПРОДУКТИВНОЕ ЗДОРОВЬЕ ДЕВОЧЕК- ПОДРАСТКОВ**

**Аннотация:** *Статья основана на репродуктивном здоровье девочек- подростков, которое является одной из актуальных тем в нашей стране. Все мы знаем, что у здоровых матерей рождаются здоровые дети. Поэтому мы не должны быть равнодушны к репродуктивному здоровью наших девочек- подростков, и нам обязательно нужно уделять ему внимание. Проводимые социальные реформы ориентированы на развитие нашего общества, обеспечение активной политической и социальной позиции наших девушек и женщин наряду с мужчинами, а также укрепление семьи, которая считается основным звеном общества. В этом процессе особую актуальность приобретают вопросы целенаправленной подготовки девушек к браку, семье и обществу, эффективной их социализации. В частности, основная*



*ответственность за воспитание детей в семье лежит на матерях. Поэтому духовное здоровье в обществе напрямую зависит от воспитания матерей, в том числе девочек.*

**Ключевые слова:** *Репродуктивное здоровье, девочки-подростки, материнство, психо-диагностик тренинг, анкета, статистик анализ.*

Raising the position of women in society, ensuring their legal rights and interests, strengthening their health, comprehensively supporting their aspirations and initiatives is one of the priorities of our state policy. High respect for women and girls has been raised to the level of state policy, to help every representative of the delicate race to realize their talent and potential, to take a worthy place in the family and society, to support their initiatives. practical work on support is being carried out at a high level and is bearing work.

Today, unmarried girls need to be prepared for the spiritual, moral, and economic features of family life, family development, maintaining peace and harmony in the family, and raising children in the family. Also, to train future brides and grooms in the skills of achieving a happy family, family life, marriage, livelihood, and the "key to success" in relationships with family members, which may arise in our society. it is important in preventing a number of family problems, conflicts of interests, disagreements, including rulings. This educational -methodological complex serves to form the knowledge, skills and abilities of our unmarried girls for successful socialization in the family and in general. The educational complex is responsible for the preparation of unmarried girls for society and family, deputy heads of the neighborhood for family, women and social-spiritual issues, women's advisory councils, parents and the general public intended.

Abu Ali al-Husayn ibn Sina is better known in Europe by the Latinizes name "Avicenna". He shows that if any thing and event is motivated by internal or external reasons, then there must be a reason for human existence and action, and one of such reasons is spiritual power. It is to teach girls to learn independently, organize their own activities, manage themselves, develop new ideas, etc.

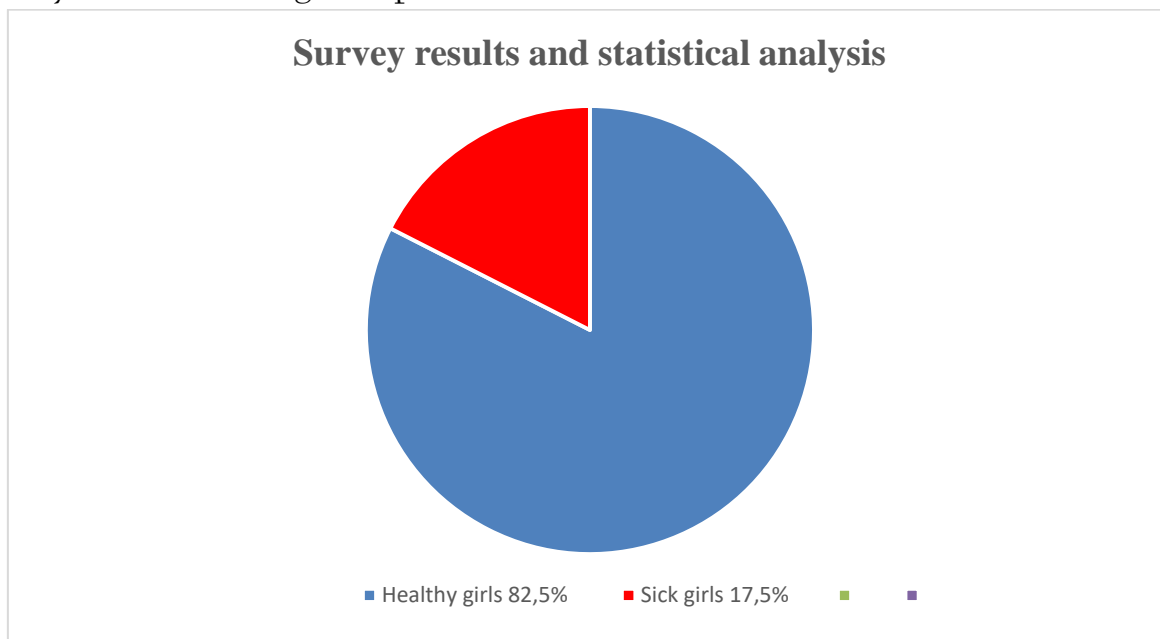
An event was held together with the teachers of the department to check the reproductive health of teenage girls aged 15-17 years old in the 29th general secondary school located in Almazor district, Tashkent city.

All the girls who participated in the event were given a 20-question questionnaire and statistical analysis. Professors and teachers conducted psycho-diagnostic training with the girls.

Attention to the girl child is important in the family. Because a girl child is a future mother, friend, sister and sister. Peace and harmony in the family, cleanliness, tidiness, upbringing of children, and even a healthy environment are the responsibility of women, that is, our grandmothers, mothers, sisters, daughters-in-law. If every parent gives their child a healthy education and brings it to adulthood, if they see that the child is stepping into an independent life with a pure spirit and worldly dreams, then his life begins to gain

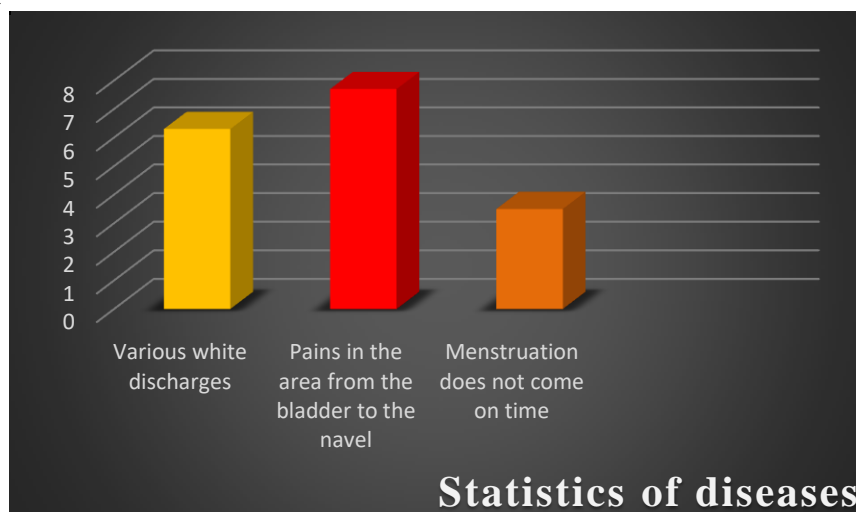


meaning. Proper upbringing of children, especially physical and spiritual qualities in them, has always been the main goal of parents.



In March of this year, together with all the teachers of our department, we visited the 29th general secondary school in Almazar district of Tashkent city. The purpose of this was to educate and survey adolescent girls about reproductive health. The questionnaire consists of 20 questions. Looking at the statistics, 33 of the 40 girls we surveyed were healthy and 7 were unhealthy. In other words, various reproductive disorders were detected in 7 girls.

82.5% of girls are considered completely healthy, and 17.5% are unhealthy. Teachers conducted psycho-diagnostic training with them. And we conducted various interesting game exercises, question and answer.



Our result is that the disease was detected in 17.5% of girls aged 15-17. The remaining 82.5% of girls are healthy. This indicates that the sick girls did not follow a healthy lifestyle and personal hygiene. And it should be noted that they have not passed a medical examination for years.



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