

# INTERDISCIPLINE INNOVATION AND SCIENTIFIC RESEARCH CONFERENCE British International Science Conference



# THE VALUE OF TIME IN ACHIEVING SUCCESS IN LEARNING PERIOD OF STUDENTS

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Abstract: Studying and learning different languages, or any other subject that we interested is one of the stage in our life that each person has in his life. Almost everyone wants to succeed in their life, in academic learning career, work career and so on. However, not everyone achieves the success, each person in this life have the same time in a day, but the numbers of works done are different. This article aims to discuss the value of time in our life to lead to the successful completion, and give some examples of famous people's life how they succeed, how the appreciate their time.

Keywords: time, learning period, success, value of time.

### I. Introduction.

Every morning a person welcomes a new day 24 hours are available. That's 1,440 minutes or 86,400 seconds of opportunity given to him every day. If we think about the time we are passing, the ticking of clocks is actually the ticking of our dear life, we feel that the moment is constantly falling apart. In recent years, many economists have pointed out that student time is one of the inputs to the educational process, which can be used to participate more fully in the market. labor and, therefore, one of the costs of education is the shortage of students. [1]. Time is one of the blessing of us that is given to each person im the same amount, but how to use it what to do with it changes the person's life and makes the difference among people in the society.

As a student who aims to gain knowledge and contribute to the motherland to the science, education of the country, they firstly must have the correct resources and use their time only in education and try to economy their each seconds. In order to become the expert on any area person need to work and study in that area many years and gain a good much of knowledge.

### II. Main part.

One of the statement that i want to share you is about learning and how to learn a skill. One cannot gain knowledge without spending three things: time and energy. without giving these things we cannot produce knowledge. First of all, a person should appreciate the little time he has and spend it in the right way, avoiding unnecessary activities that waste time. It is necessary to regulate the use of the most developed Internet and social networks of our century and use them as little as possible. People should not waste their time watching unnecessary and harmful videos there. The second thing is energy, as without needen energy and actions you cannot do any thing in this life. Learning is much more difficult so that we must give the proper energy. The last one is money each teacher and learning center, university takes money to teach you so we will pay the definite amount of money to learn something new.



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Best-selling author Malcolm Gladwell popularized the idea that 10,000 hours of properly directed practice constituted "the magic number of brilliance," regardless of a person's natural aptitude, based on evidence demonstrating that practice is the essence of genius. He asserted in his book Outliers that everyone could master a skill to the same degree as a professional with enough practice. Simply putting in the time was all that was required.[2] For students also it must be a rule for learning and almost every day 8 to 9 hours should be spend to learning the definite skills.

To save time and use it properly and usefully we try to provide he following techniques:

- 1. Making a schedule; imagine you are going to visit your friend and you do not know the address fully, and the friend to visit with the address the one with the adress will be easier to find and visit for you so schedule the activities you do for the day.
- 2. Choosing the correct time. Many people get up late and sleep after midnight this causes serious chronic illness and gives a pressure to the person's brain. Sleeping from 9 p.m to 2,3 a.m os recommended from specialist as in this time people take the most amount of rest and recovery of energy. Waking up before the sun gives you more chance to study more woth fresh and effective mind.
- 3. Choosing the correct place. The place that you study must be quit and comfortable for you. As in the noisy class noone cannot focus on one thing and study.
- 4. Value the time. Time is the abstract thing amd it is reversible and unchageable, humanity always does the mistake and worries about its consequences, the learners shoul firstly think about doing any activities and think before taking the decisions in their life. The proper decisions lead to the proper place and to proper results.

The famous people in oir life such as Stiv Jobs, Ilon Mask, Joe Bill and etc. are the specialist of their works and try to save their time. If we look for their history of becoming famous they used their time to make profit and invest for their own development and they succeed today. Each person must take the responsibility for their life and actions, and create their successful and flourishing life .

### III. Conclusion.

To conclude the article, we tried to state the value of time, as the time is irreversible and inchangeable, we should use it for good always save our time for studying and gaining knowledge. Making a schedule of the day, month and years, stating the aims from this life and strategizing our actions. Choosing the correct place and time are the key factors in the way of a successful life.

#### **REFERENCES:**

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- [2] https://www.newyorker.com/sports/sporting-scene/complexity-and-the-ten-thousand-hour-rule