

XORIY PSIXOLOGLARINING ISHLARIDA SHAXSNING TADQIQ ETILISHI.**Raxmatjonov Shoxjahon Dilshodbek o'g'li***Shohjahon1300146@gmail.com**FarDU, Sirtqi bo'lim, Ijtimoiy-gumanitar fanlar kafedrası o'qituvchisi***Vosiljonov Azizbek Boxodirjon o'g'li***FarDu Ijtimoiy-gumanitar fanlar kafedrası o'qituvchisi**azizbekvosiljonov@gmail.com*

Annotatsiya. *Mazkur maqola xorij psixologlarining ishlarida shaxsning tadqiq etilishi bo'yicha ilmiy tadqiqotlarning tavsiyalari ifodalangan. Shuningdek, maqolada mazkur masala yuzasidan muallif tomonidan shakllantirilgan ilmiy taklif va amaliy tavsiyalar ham o'z ifodasini topgan.*

Kalit so'zlar: *motivlar, mayllar, temperament, nevrotizm, ekstravertlik, individual-tipologik*

RESEARCH OF PERSONALITY IN THE WORKS OF FOREIGN PSYCHOLOGISTS.

Abstract. *This article presents the recommendations of scientific research on the study of personality in the work of foreign psychologists. The article also contains the scientific proposal and practical recommendations formulated by the author on this issue.*

Key words: *motives, inclinations, temperament, individual-typological, neuroticism, extraversion,*

ИССЛЕДОВАНИЕ ЛИЧНОСТИ В РАБОТАХ ЗАРУБЕЖНЫХ ПСИХОЛОГОВ.

Абстрактный. *В данной статье представлены рекомендации научных исследований по изучению личности в работах зарубежных психологов. Статья также содержит научное предложение и практические рекомендации, сформулированные автором по данному вопросу.*

Ключевые слова: *мотивы, склонности, темперамент, невротизм, экстраверсия, индивидуально-типологические.*

Hozirgi kunda psixologiya shaxsni insonning jamiyatdagi hayotida shakllanadigan ijtimoiy-psixologik hosila sifatida tushuntiradi. Odam ijtimoiy mavjudot sifatida boshqa odamlar bilan munosabatlarga kirishganida va bu munosabatlar uning shaxsini shakllantiruvchi hal qiluvchi omilga aylanganida, u yangi sifatlariga ega bo'ladi.

Chet el psixologiyasida inson shaxsi sifatida barqaror belgilar majmuasini tashkil etuvchi temperament, sezgirlik, motivlar, layoqatlar, mayllar, turli hayotiy vaziyatlarga moslashayotganida aynan shu insonga xos bo'lgan fikrlar oqimi va hulq-atvorini

belgilab beradigan ma'naviyat tushuniladi. J.Godfruaning fikricha, shaxs umumiy holda ham irsiy, ham ijtimoiy-madaniy ta'sirlar bilan belgilanadi. «Shaxs» tushunchasi o'z ichiga tabiiy xossalar (jins, temperament va h.k.) asosida ijtimoiy muhit (oil, maktab, «boshqa ahamiyatlilar») va faoliyat (o'yin, bilish, mehnat) bilan faol o'zaro ta'sirlar jarayonida hosil bo'lgan individga xos bo'lgan ijtimoiy sifatlar yig'indisini birlashtiradi.

Inson shaxsi, keng tarqalgan tasavvurlarga qarshi o'laroq, 30-yoshga etgunicha o'zgarmasdan qolmaydi. Misol keltiradigan bo'lsak, Kaliforniya Universitetining bir guruh olimlari 130 mingdan ortiq odamlarning «Katta Beshlik» (vijdoniylik, murosaga kelish layoqati, nevrozizm va ekstravertlik) nomi bilan ma'lum shaxsiy sifatlarini tahlil qilganlar. Bu sifatlar kayfiyatga bog'liq emas, shuning uchun etarlicha ishonchli tarzda namoyon bo'ladi. Odamlar yosh o'tishi bilan hayotiy ixtiloflarni tezda bartaraf etishga o'rganadilar, xususan, shafqatliroq va mehribonroq bo'lishga intiladilar.

Aniqlanishicha, ayollarda, erkaklardan farqli o'laroq, yosh o'tishi bilan nevroz holatlari kamayadi. Ikki jins vakillarida samimiylik bir oz kamayadi. Olimlarning fikriga ko'ra, 20–30 yoshlilarda murakkab vazifalarni bajarishda va tashkilotlar tuzishda ko'mak beradigan vijdoniylikning kuchayishi kuzatiladi. Murosaga kelishga moyillik, aksincha, ko'pchilik holatlarda 30 yoshdan so'ng yorqin namoyon bo'ladi.

Shunday qilib, faylasuflar, tarixchilar, pedagoglar va psixologlarda «shaxs» tushunchasining turlicha talqinlari mavjud. Bizlar esa, yuqorida ko'rsatganimizdek, R.S.Nemov tomonidan berilgan shaxsning, fikrimizcha, yanada aniq va to'liq psixologik ta'rifidan foydalanamiz.

Shaxs asosini uning tuzilishi tashkil etadi, bu esa shaxsning yaxlit hosila sifatida har taraflama nisbiy barqaror aloqa va o'zaro ta'sirga ega bo'lishidan iborat. Psixologlar shaxs tuzilishida turli tarkibiy qismlarni ajratadilar. S.L. Rubinshteyn temperament, xarakter, layoqatlarda; bilimlar, malakalar va ko'nikmalarda; yo'nalganlikda namoyon bo'ladigan individual-tipologik xususiyatlarni ko'rsatib o'tadi. A.G.Kovalev yo'nalganlik, xarakter, imkoniyatlar va mashqlar tizimini ajratadi. M.I.Enikeev temperament, yo'nalganlik, layoqatlar va xarakterni sanab o'tadi. Mashhur psixolog K.K. Aflotunov yo'nalganlik tarkibini, ijtimoiy tajriba tarkibini, psixologik tarkibni va biologik asoslangan tarkibni ajratib ko'rsatadi.

Jahon psixologiyasi fanida shaxsning kamoloti, uning rivojlanishi to'g'risida xilma-xil nazariyalar yaratilgan bo'lib, tadqiqotchilar inson shaxsini o'rganishda turlicha pozitsiyada turadilar va muammo mohiyatini yoritishda o'ziga xos yondashishga egadirlar. Mazkur nazariyalar qatoriga biogenetik, sotsiogenetik, psixogenetik, kognitivistik, psixoanalitik, bixevioristik kabilarni kiritish mumkin.

Quyida sanab o'tilgan nazariyalar va ularning ayrim namoyandalari tomonidan shaxsni rivojlantirishning prinsiplari to'g'risidagi qarashlariga to'xtalib o'tamiz.⁷

Biogenetik nazariyaning negizida insonning biologik etilishi bosh omil sifatida qabul qilingan bo'lib, qolgan jarayonlarning taraqqiyoti ixtiyoriy xususiyat kasb etib, ular bilan o'zaro shunchaki aloqa tan olinadi, xolos. Mazkur nazariyaga binoan, taraqqiyotning bosh maqsadi - biologik determinantlariga (aniqlovchilariga) qaratiladi va ularning mohiyatidan sotsial-psixologik xususiyatlar keltirilib chiqariladi.

Taraqqiyot jarayonining o'zi, dastavval biologik etilishning universal bosqichi sifatida sharxlanadi va talqin qilinadi.

Biogenetik qonunni F.Myuller va E.Gekkellar kashf qilishgan. Biogenetik qonuniyat organning taraqqiyoti nazariyasini tashviqot qilganda hamda antidarvinchilarga qarshi kurashda muayyan darajada tarixiy rol o'ynagan. Biroq organning individual va tarixiy taraqqiyoti munosabatlarini tushuntirishda qo'pol xatolarga yo'l qo'yan. Jumladan, biogenetik qonunga ko'ra, shaxs psixologiyasining individual taraqqiyoti (ontogenez) butun insoniyat tarixiy taraqqiyotining (filogenez) asosiy bosqichlarini qisqacha takrorlaydi, degan g'oya yotadi.⁸

Nemis psixologi V.Shternning fikricha, chaqaloq (yangi tug'ilgan bola) hali u odam emas, balki faqat sut emizuvchi hayvondir, u olti oylikdan oshgach, psixik taraqqiyoti jihatidan faqat maymunlar darajasiga tenglashadi, ikki yoshida esa oddiy odam holiga keladi, besh yoshlarda ibtidoiy pada holatidagi odamlar darajasiga etadi, maktab davridan boshlab ibtidoiy davrni boshidan kechiradi, kichik maktab yoshida o'rta asr kishilar ongiga va nihoyat etukli davrdagina (16-18 yoshlarda) u hozirgi zamon kishilarining madaniy darajasiga erishadi.⁹

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