



## WHAT IS THE ROLE OF THE INTERNET AND HOW DOES IT AFFECT OUR LIVES

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Annotation: The Internet is one of the most important features of modern life. People can work, interact, and shop online. This article explores the evolution of Internet technology across a specific time period. What draws individuals to the Internet today? What benefits the current Internet offers? And how can it become risky for kids? Just the way that modern wages and the Internet make life easier. What negative effects might internet addiction have?

**Key words**: Internet, Google, social networks, virtual communication, mass media, Internet addiction, gambling addiction.

Even for its creators, it's unclear when exactly the World Wide Web first appeared. 29 October 1969 saw the delivery of the first electronic message. But on the path to the creation of a new technology, so many significant eras have come and gone that each of them has the right to be regarded as the birth of the Internet. Well-written and thorough documentation exists for the development of the World Wide Web's history. Even occurrences that initially escaped scientists' attention were later meticulously recreated from the accounts of witnesses. The date that might be considered to be the formal day of the appearance came out to be completely undetermined because of this precision, which turned out to be the main factor.

One of the most incredible and significant inventions of the 20th century, the Internet has propelled humanity forward significantly. This finding is currently serving as a motivator for advancement. Nevertheless, it is difficult to envision a modern person without access to the Internet. A necessary component of our life today is the Internet. Although it is useful, you should only use it sparingly and when absolutely necessary. It used to take hours in the library and the review of dozens of books in order to find any information. Yandex or Google will handle all of this work for you right now in a matter of seconds. You may find media resources on any subject in digital encyclopedias. Every subject is thoroughly addressed, and we have a wonderful opportunity to study something in depth. People are becoming more and more reliant upon the internet.

Of course, today we live and interact in a world dominated by information technologies, the primary purpose of which is to create the most comfortable conditions for human life, simplifying what previously presented certain difficulties.

Downloading music, watching movies, and interacting on social networks were the top three activities for online amusement. No need to speak to someone, we can just





write what we want. No need to smile, if you can include a smiley. Why travel somewhere? if you have internet access. We browse the web for longer than we intended to. Short internet outages are uncomfortable. The Internet is now always available to us. It takes the place of our daily tasks including housework, conversation, and study.

Fans of virtual communication are, in essence, people who have inferiority complexes; they pretend to be who they actually want to be, but the Internet is a simpler route for them to take than coming to terms with who they really are in a realworld setting. They are dependent on social networks and reserved individuals because communicating online is much simpler than in person. There are unquestionably advantages to the Internet. There, you can discover intriguing media assets, learn the most recent news, and attend to personal needs. No matter how depressing it may sound, Internet technologies are displacing aspects of our daily lives that we are accustomed to. While fewer people read newspapers and televisions will soon be covered in dust and disposed of in landfills, people backup their vital and private information online. As they are used to read correspondence in social networks on the Internet, mobile phones are slowly losing their original purpose.

Remember that there are other ways to make money on the Internet. While for some it's just a fast online search for the ideal purchase, for others folks it's a business. After all, you can buy products, order food, or pick out gifts without having to leave the house. Furthermore, a courier will bring all of this to you. As you go about your business. Naturally, being able to make money online is a true gift of fate for those who have difficulties. Make trades online and hold talks over Skype.

The Internet and the media, or mass media, are now an inseparable whole. Thanks to the Internet, we can always see the latest news, sometimes which do not even appear on the air on radio and television programs. With the development of the global Internet, the Internet appeared - mass media. They became very popular very quickly. The mass media include: press, radio, television (home video centers that combine television, telephone, computer and other communication lines). In accordance with Russian law, registration Internet publications are voluntary and optional. Therefore, online media is really only a part of news resources.

Do not forget that in the first place on the Internet is communication in social networks. After all, it's easier for us to write even than to call and talk live. Online dating? On the one hand, hundreds or even thousands of single people have found their love on a dating site. There is also the other side of the coin - numerous deceptions that are based on human feelings. Therefore, the opportunity to fall in love and making friends online cannot be unambiguously called a positive thing.

It's no secret that teenagers are the ones who use the Internet the most frequently. Nevertheless, even young children frequently handle cutting-edge technology better than their parents do. We are considering methods to remove youngsters and teenagers from the network in light of the actions of the younger generation. A child's first





innocent interest with the Internet, according to experts, can later develop into a major issue. Due to the mixing of this knowledge with the virtual world, children who only gradually go through all stages of development risk having an inaccurate perception of reality. Naturally, the children will react negatively to a strict prohibition on using networking opportunities; therefore it's better to consider what other interests you may spark in him. As experience has proven, a lot of contemporary kids are willing to play the part of young entrepreneurs. The potential to manage your own finances can serve as a powerful motivator to bring a teen back to reality.

Internet disadvantages also exist. The extensive circulation of information with doubtful content is one of the harmful side effects of the global computer network.

It should be emphasized that certain informational impacts can have a negative impact on someone's physical or mental health. The moral and psychological climate in society is frequently shaped by them, and they also fuel the criminal underworld and aid in the spread of mental illness. The most defenseless and helpless are children. They are blind to the danger the global network poses.

Teenagers aren't the only ones who spend time online; Internet addiction also exists. The term "Internet addiction," as used by Kimberley-Young, refers to the significant social, psychological, and professional ramifications of using the Internet for more than 38 hours a week while engaging in activities unrelated to work or school. Excessive demands, strained relationships between family members, hyper- or hypocustody, broken relationships, and issues with communication and understanding could all be contributing factors. First and foremost, this has an impact on the psychological disorder, which is accompanied by a variety of behavioral issues and, in general, involves both the inability of a person to exit the network in a timely manner and the ongoing presence of an obsessive desire to enter it.

There is gambling addiction to the internet. Today, gambling addiction has reached epidemic proportions, and it affects not only kids and teenagers but even adults. Teenagers typically spend up to six hours per day. Games with violent and harsh themes are very popular among young people. The primary component and objective of the game is to kill them. Addicts start to mix together real life with virtual reality. Addiction to gambling often develops gradually and can last three years. A few mental diseases might occur at each level. At first, the player is just like other healthy persons; nevertheless, as time goes on, he starts to act impulsively and shows a propensity for obsessions. A persistent mental disorder results from this.

The breakdown of family connections can be caused by internet addiction (between parents and children, as well as between spouses). A teenager or significant other spending day and night close to a computer won't be popular with anyone. As a result, relationships between relatives and close friends deteriorate, and even families disintegrate.





As a result, the Internet serves a variety of purposes in modern life, including fostering self-education and the interchange of knowledge and communication. Getting the most out of it while reducing its negative effects is worthwhile. Depending on how it is used and the goals people set for themselves, each scientific or technological discovery can be both helpful and harmful.